APPENDIX

APPENDIX A

Action For Healthy Kids Layering Project - District Action Plan

Purpose: To create a one year plan for district wellness improvement efforts and resources for implementation.

Directions:

- 1. Develop a goal that the school district would like to reach by the end of the school year based on district wellness assessment outcomes.
- 2. Distribute copies of the action plan to involved school associates.
- 3. Keep copies handy to bring to meetings to review and update regularly.

Overall School District Wellness or Goal:

District-level outcome (Describe a physical activity related outcome that you hope to see over time, related to the goal.):

District-level outcome (Describe a nutrition related outcome that you hope to see over time, related to the goal.):

Improvement Plan:

Action	Responsibilities	Timeline	Resources	Potential Barriers	Communications
Steps	Who Will Do It?	By When?	A. Resources Available	What could possibly	Plan
What Will		(Day/Month)	B. Resources Needed	hinder your action	Who is involved?
Be Done?			(financial, human, political	steps?	What methods?
			& other)		How often?

Step 1:	A.	
	В.	
Step 2:	A.	
	В.	
Step 3:	A.	
	В.	
Step 4:	A.	
	В.	
Step 5:	A.	
	В.	

Evidence Of Success (How will you know that you are making progress? What are your benchmarks?)

Evaluation Process (How will you determine that your goal has been reached? What are your measures?)

APPENDIX B

District #1 – Budget

Totals	Fitness Equip.	Taste test items	Prizes and incentives	Gardening and Food Prep
	1400	800	0	300
	1000	700	800	0
	1950	0	0	550
	1300	400	800	0
Projected Totals	5650	1900	1600	850
Overall Total				10000

District #2 – Budget

Totals	Healthy cooking demonstrations	Nutrition Ed. Support Materials	PE.Equip.	Nutrition and Health Awareness Events
	500	250	500	1500
	500	250	500	1500
	500	250	500	
	500	250	500	
	500	0	500	
	500	0	500	
Projected Totals	3000	1000	3000	3000
Overall Total				10000

District #3 – Budget

Totals	Sports Equip. to enhance activity	Food for taste tests	Prizes and incentives	Other expenses
	1000	400	400	200
	1000	200	400	400
	1000	200	300	500
	600	600	400	400
	1200	200	200	400
Projected Totals	4800	1600	1700	1900
Overall Total				10000