

APPENDIX C

District Key Player Interview Questions

Background:

1. What is your position in the district?
2. What was your role with this project?
3. Please describe your district's wellness environment prior to implementing this layering project.

Engaging Schools

4. How did you choose which schools to engage in this project?
5. What activities or strategies did you use to engage schools?
6. How connected were you to the schools throughout the project?

Layering Project

7. How do you feel your district performed this year as participants in the AFHK layering project?
8. Did you meet your goals as outlined in your Action Plans related to nutrition and physical activity?
9. How has the strategy of implementing Game On, FUTP60 and STC helped to improve the district's wellness environment?

Budget

10. How were funds divided among the schools participating in the layering project in your district?
11. Did you feel funds were equally divided among the schools?
12. How well utilized were funds by the schools participating in the layering project?

Lessons Learned/Sustainability

13. What lessons did you learn from working with the three different school levels and focusing on school wellness at each level?
14. Do you see wellness program implementation, such as the AFHK layering project, continuing in your school district? How will you make this happen?

Overall Satisfaction

15. How helpful was the project coordinator in implementing this project?
16. Would you recommend this multi school or layering approach as a way to implement wellness strategies and enforce wellness policies?

School Key Player Interview Questions

Background

1. What is your position at your school?
 - a. Are you a member of your school's wellness committee?
2. What was your role with the wellness programming at your school?
3. Which wellness programming did your school implement (GO!, FUTP60, STC)?

Resources

4. Which resource (websites, coordinator, blog, webinar, other?) was the most helpful to you in implementing this project? Why?
5. Did you use the GO!, FUTP60, or STC website?
 - a. How often did you utilize it? What worked, what didn't?

Impact

6. What was your school's wellness environment like before implementing GO!, FUTP60 or STC?
7. Please describe what was done at your school this year.
 - a. How was the program implemented?
 - b. What were some of the activities implemented?
 - c. Please describe the impact of this program on the following stakeholders...
 - i. School as a whole, Staff, Students, and Parents

Engaging Volunteers

8. How has implementation of GO!, FUTP60 or STC helped to engage volunteers at your school?
9. What were some ways volunteers were engaged for specific program events?
10. What were some ways volunteers were engaged or encouraged to participate on the school's wellness committee?
11. What were some ways parents or other community members were engaged in advocating for school wellness?

Layering Project

12. How do you think your school performed this year as part of the AFHK Layering Project?

Budget

13. Please describe how your school utilized its grant funds.
14. How well do you feel your school utilized its funds?

Lessons Learned/Sustainability

15. Do you feel capable of keeping AFHK activities such as taste tests and physical activity programs going next year? How will you do this?

APPENDIX D*Norwich and Windham Taste Test Survey Example*

Note: photo was changed based on the particular wellness program that was implemented at the school (Game On!, Fuel Up to Play 60, or Students Taking Charge)

**PLEASE CIRCLE YOUR ANSWERS:**

Your Grade Level: 9 10 11 12 **Are you a:** **Boy** **Girl**

Food you Tasted	Have you ever tried this food before?	How does it taste?	Would you eat it again?
Carrot Raisin Salad	Yes No	Great OK I don't like it	Yes No